





# **2021 EVENT GUIDE**



May is National Bike Month, and The Woodlands Township with support from Bike The Woodlands Coalition is offering a variety of activities to get involved. Review the enclosed Event Guide to view complete details. In light of COVID-19, participants are encouraged to utilize suggested routes at their leisure for a self-guided experience.

Registration, helmets and waivers are required for all riding events. Social distancing is highly encouraged and masks are welcomed. Registration is required for most other non-riding events, but not required for Bike to Work Day or Bike The Woodlands Day. You are encouraged to sign up for as many events as you wish. However, please make a diligent effort to participate. Events will have a minimum and maximum number of participants.

### **COVID-19: A Safer Experience**

The Woodlands Township is committed to following safety guidelines while maintaining the integrity of organized recreation. With everyone contributing, we CAN have safe recreation! Given the unprecedented situation surrounding COVID-19, Township Parks and Recreation facilities, programs, services and events are subject to change, modification and/or cancellation to ensure compliance with respective State of Texas, Montgomery County and/ or Harris County declarations and/or Township Board of Directors.

### Thank you for your support and commitment to bicycling in The Woodlands!















## **BIKE THE WOODLANDS 2021 EVENT GUIDE**

The Woodlands Township and Bike The Woodlands Coalition invite you, your family and friends to get out and explore The Woodlands on your bikes!

This Event Guide provides suggestions for self-guided routes and outlines other activities to participate in during Bike Month. Looking for virtual options? Events offering an opportunity to participate virtually or view recorded workshops will be indicated with a "V" (for virtual) in the program title. Registration, helmets and waivers are required for all riding events. Registration is required for most other non-riding events. Space is limited and each event will have a minimum number of participants. Events, locations and times are all subject to change, and additional events may be added at any time.



Those who register for one or more events will receive a commemorative Bike Month t-shirt! T-shirts will be available for pickup on a first-come, first-served basis during Bike to Work Day and Bike The Woodlands Day (see details below).

Women's Ride	Relaxed Ride	Educational/Safety	Observed Days	Self-Guided
(Group)	(Group)	Events	Observed Days	Opportunities

# **2021 RIDES & EVENTS**

To register for an event, visit www.thewoodlandstownship-tx.gov/bicycling.

Bike Maintenance	Adults	May 3 and 17	6 n m
Workshops (V)	Addits	Iviay 5 and 17	6 p.m.

The Bike Maintenance Workshops will cover a variety of topics to help you get comfortable with adjustments, lubrication, tube and tire changes and more. For more information, please contact specialevents@thewoodlandstownship-tx.gov.

- Monday, May 3 at 6 p.m. (Virtual TXTRI basic workshop led by Sandra Sutherland and Reggie Bruhn; View video on Facebook: <a href="https://www.facebook.com/1157840124/videos/10223258371745078/">https://www.facebook.com/1157840124/videos/10223258371745078/</a>.
- Monday, May 17 at 6 p.m. (In-person Bikeland advanced workshop; Social distancing will be observed and masks are welcomed)

Cycling Savvy Safety Course	Adults	Online	Self-Guided
(V)	Addits	Offilite	Sell-Gulded

For new or experienced bicycle riders, this two-hour introductory class is self-paced and leverages a webbased application for ease of use anywhere. CyclingSavvy will teach you the skills to confidently ride safely in traffic and on off-road trails. Topics include traffic system, rules of movement, bicycle specific laws and defensive bicycle driving strategies. Click here to register online using your zip code. The Houston-Galveston Area Council has contracted with the American Bicycling Education Association to offer this course free to area residents (residents of Harris, Galveston, Montgomery, Chambers, Liberty, Brazoria, Fort Bend and Waller counties are eligible to receive the free class). For more information, please visit CyclingSavvy.org.

As part of Bike The Woodlands Month, join the bike challenge and log your miles between May 3 through 9 and May 10 through 16. Within each weekly challenge period, the top male and top female participant will be chosen based on the most miles logged. Each participant is only eligible to win once. Prizes will be awarded at Bike The Woodlands Day on Saturday, May 22 at Northshore Park. To register:

- 1. Join the Ride Challenge Club: <a href="https://www.strava.com/clubs/BikeMonth2021">https://www.strava.com/clubs/BikeMonth2021</a>.
- 2. If prompted, login with your existing Strava account or create a new account.
- 3. Throughout the challenge periods, log miles riding your bicycle using the Strava Apple iOS app, Google Android app or the Strava website.

You must also register for the Ride Challenge on the <u>Bike Month registration site</u> to be eligible. <u>Click here to access the George Mitchell Nature Preserve GIS Trails Map</u>. **For more information, please contact specialevents@thewoodlandstownship-tx.gov.** 

Why I Ride Community Art	Vouth	Throughout the Month	Calf Cuidad
Project	Youth	of May	Self-Guided

For Bike Month 2021, Bike The Woodlands Coalition is inviting youth in our community to create images that express their love of riding bikes! Up to five entries will be selected as the winners of the competition, and these winners will receive a prize and recognition on <u>Bike The Woodlands Coalition webpage</u> and <u>Bike The Woodlands social media outlets</u>.

Submitted artwork should be original work, like a photograph you took, an image you drew, or a graphic you designed. The image should be square so it can be easily shared on social media. The entry form will open on Saturday, May 1, 2021. All entries should be submitted by 5 p.m. on Friday, May 28. Winners will be notified in early June.

For more information, please visit <a href="https://www.bikethewoodlands.org/whyiride">www.bikethewoodlands.org/whyiride</a> or email info@bikethewoodlands.org.

# National Bike to School Day Youth Wednesday, May 5 Various

Celebrate National Bike to School Day! Encourage children to safely ride their bikes to school. Check with your child's school to find out any relevant rules or guidelines for biking to school. We hope you get out and ride! Please view the following resources for children's bicycle safety:

- <u>Bicycle Safety Tips for Kids</u> (Safe Kids Worldwide)
- Bicycle Safety & Helmet Use (Video courtesy of Texas Children's Hospital)
- <u>Helmet Safety & Proper Usage</u> (Video courtesy of Texas Children's Hospital)

TXTRI Discover the Villages	Adults	Thursdays	Self-Guided with
Rides	Adults	Hillisuays	<b>Optional Meet Up</b>

Explore your neighborhood or enjoy new villages while cycling! Sandra Sutherland with TXTRI and coaches will provide suggested routes to the beautiful corners of our town! Optional meet up at 9 a.m. at the designated locations/dates below. All suggested routes are approximately 10 miles. Click each location to view suggested route. For more information, please contact <a href="mailto:txtri3@gmail.com">txtri3@gmail.com</a>.

**REMINDERS FOR PARTICIPANTS OPTING FOR IN-PERSON MEET UP:** Helmet is required and social distancing will be observed. Masks are welcomed. Please arrive by 8:50 a.m. for check-in:

- <u>Panther Creek/Cochran's Crossing</u>: Thursday, May 6 Meet at Panther Creek Shopping Center by Brooklyn Café.
- <u>Creekside Park</u>: Thursday, May 13 Meet at The Recreation Center at Rob Fleming Park (parking lot).
- Alden Bridge: Thursday, May 20 Meet at Alden Bridge Shopping Center by Rico's Mexican Restaurant.
- <u>Sterling Ridge/Indian Springs</u>: Thursday, May 27 Meet at Sterling Ridge Shopping Center by Kroger.

Public Art Ride	All Ages	Throughout Month of May	Self-Guided
		ividy	

Have you ever wondered about the multitude of fabulous sculptures around The Woodlands? Hop on a bike and explore with a self-guided ride to learn about public art in The Woodlands. <u>Click to view suggested public art ride routes, courtesy of Bike The Woodlands Coalition</u>. **For more information, please contact specialevents@thewoodlandstownship-tx.gov**.

#### TXTRI Women's Trail Ride Adults Tuesday, May 11 9 a.m.

Thinking of going off road? Would you like to get familiar with some trails? The ride begins at George Mitchell Nature Preserve at 9 a.m. and is intended for those who want to experience the adventure of dirt trails. The ride will be leaving from the Lodge at Rob Fleming Park. After the ride, participants will have the opportunity to wash/lube bikes! Helmet is required and social distancing will be observed. Masks are welcomed. Plan on arriving by 8:45 a.m. to check-in. **For more information, please contact** txtri3@gmail.com.

# Nutrition Workshop (V)AdultsWednesday, May 1211 a.m.How much do you really need to drink while riding? Should you carry water on leisure rides? Find all these

answers plus some tips for adequate nutrition while riding in Texas weather! Led by TXTRI. **For more information, please contact txtri3@gmail.com.** View video on Facebook: <a href="https://fb.watch/5AZo\_J4wBG/">https://fb.watch/5AZo\_J4wBG/</a>.

Bicycle-Friendly Driver Class	Adults	Saturday May 15	2 n m	
(V)	Adults	Saturday, May 15	2 p.m.	

Presented by the <u>Houston-Galveston Area Council</u>, the Bicycle-Friendly Driver Presentation is a one-hour virtual class (webinar) showcasing the rules and best practices of safely sharing the road with bicyclists. The class is based on curriculum created by the <u>League of American Bicyclists</u> and City of Fort Collins Bicycle Ambassador Program/Bike Fort Collins. Topics include sharing the road, infrastructure, common crashes, taking the lane and interactive scenarios. **For more information, please contact** <u>specialevents@thewoodlandstownship-tx.gov</u>. View video recording (PLEASE NOTE – Video is only available to view through June 18):

https://us02web.zoom.us/rec/share/nUwUFeMy55j2PPEx31kgS0GPZuzBjzqwybxoa5WZKY4AwiYhjFw7bCPjZD NdW-z.miAS7y-mazsBO5SV.

Moonlight Ride	Adults	Tuesday, May 18	7:30 p.m.
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Looking for a fun way to enjoy a week day evening with friends and/or family? This is it! The Moonlight Ride will offer a relaxed pace ride for adults, with a tailgate party after returning. Total distance will be around 8 miles. **Front and rear lights are mandatory!** Additional lights for decoration are welcome and encouraged. The individual with the best decorated and lit up bike will receive an award! Helmets are required. Social distancing will be observed and masks are welcomed. Leaving time is 7:30 p.m. from Panther Creek

Shopping Center. <u>Click here to view suggested route</u>. **For more information, please contact txtri3@gmail.com.** 

National Ride of Silence Day	All Ages	Wednesday, May 19	Self-Guided
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National Ride of Silence Day is a worldwide event held the third Wednesday in May with a mission to honor cyclists who have been injured or killed by motorists, to promote sharing the road and to provide awareness of bicycling safety. Residents are encouraged to honor this day by participating in a silent ride with friends and/or family. Suggested ride activities include a safety briefing (be sure to have helmets and lights if riding in the evening) and a reading of the names of known cyclists injured or killed.

Bike to Work Day	Adults	Friday, May 21	6:30 to 9 a.m.
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Do you live and work in The Woodlands or nearby communities? Perhaps you have considered riding your bike to work occasionally. Or even better, you may be one of our growing communities of bike commuters in The Woodlands. This event is designed to encourage regular car commuters to try out their bikes as an option for commuting to and from work. Refreshments and information about bike commuting will be provided at Northshore Park. Veteran bike commuters will be in attendance to answer your questions about required gear, how to deal with weather, best routes, traffic concerns, etc. Still working from home? Take this opportunity to get a quick bike ride in before starting your work day! Social distancing will be observed and masks are welcomed. Come by between 6:30 a.m. and 9 a.m. on May 21 and be a part of the North America National Bike to Work Day!

Bike The Woodlands Day	All Ages	Saturday, May 22	9 a.m. to 12 p.m.
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Mark your calendars! The exciting culmination of Bike Month is **Bike The Woodlands Day** with something for everyone! Ride your bike, walk or drive to beautiful Northshore Park on Saturday, May 22 from 9 a.m. to 12 p.m. The event will feature a Kid's Bike Rodeo, skills course, food trucks, live music and more. Come and meet some of the bike luminaries in this area, whether your interest is mountain bikes, tri bikes, hybrids, or cruisers. Come out and see who has won the awards for highest mileage in our Ride Challenge.

Keeping with the Bike Month theme, there is no better way to celebrate Bike Month than to **ride your bike!** Consider riding together with your friends, neighbors and family to this premier cycling event in The Woodlands! **Bike-in early! Kona Ice will be onsite from 9 to 10 a.m. ONLY to provide free snow cones, while supplies last, to those who ride their bikes to the event.** No matter whether you bike, walk or drive, please join us for Bike The Woodlands Day on May 22!

Crazy Cadence Children's	A === 4.	Sunday May 22	2 p.m. / 3:15 p.m. /
Bike Rodeo	Ages 4+	Sunday, May 23	4:30 p.m.

Join this family-friendly event for a fun opportunity to sharpen your child's bicycling skills! Hosted by <u>Crazy Cadence</u>, the bike rodeo will offer a variety of stations focused on children's bike safety and improving their biking skills in all conditions. Parent or guardian will be required to accompany children and sign a waiver prior to participating. Helmet and bicycle will be required. There will be a maximum number of participants accepted for each time slot. Pre-registration is required. Recommended for children ages four and up with some biking experience. *Please bring your 3–5-year-olds who are still wanting to learn to bike!* A Strider station will be set up where they will be able to build up their comfort riding on a pedal-less bike. **For more information, please contact specialevents@thewoodlandstownship-tx.gov.** 

To register for an event, visit <a href="https://www.thewoodlandstownship-tx.gov/bicycling">www.thewoodlandstownship-tx.gov/bicycling</a>.



### **DIGITAL SAFETY RESOURCES**

- The Woodlands Township
  - Bicycling in The Woodlands
  - Pedestrian and Bicycle Master Plan
  - Parks and Pathways GIS Map
  - Parks and Pathways PDF Map
  - George Mitchell Nature Preserve GIS Trails Map
- Bike The Woodlands Coalition
  - Online Maps
  - Safety Guidelines
  - Bike-Centric Groups & Organizations
- The League of American Bicyclists
  - Smart Cycling Videos
  - Smart Cycling Tips
- Bike Texas
- American Bicycling Education Association
  - Cycling Savvy

# **CHILDREN'S BICYCLING SAFETY & DOWNLOADABLE ACTIVITIES**

- Bicycle Safety Tips for Kids (Safe Kids Worldwide)
- Safe Kids Greater Houston
- <u>Safe Routes to School Handbook</u> (Bike Texas)
- <u>Bike Coloring Sheet</u> (Texas Children's Hospital)
- <u>Bike Safety Crossword Puzzle</u> (Texas Children's Hospital)
- Bicycle Safety Word Search (Texas Children's Hospital)
- Bike to School Day Crossword Puzzle (Walk & Bike to School)
- Bike to School Day Word Find (Walk & Bike to School)
- <u>Bicycle Safety & Helmet Use Video</u> (Texas Children's Hospital)
- Helmet Safety & Proper Usage (Texas Children's Hospital)